

Comprehensive resources and support

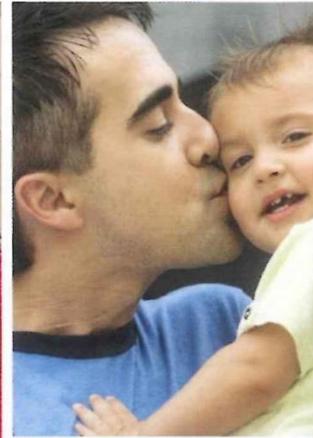
Support from the living donor team at the UC Davis Transplant Center is available to all recipients, navigators, and donors.

For more information, please call 916-734-2307 or visit health.ucdavis.edu/transplant/.



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Living Donor Navigators

HOW YOU CAN HELP



For those who need a kidney transplant, asking friends, co-workers, community members, and even family members to consider donating a kidney can be an overwhelming task. Thank you for serving as a living donor navigator and taking up the cause!

Ways you can help

Educate and inform

The single most important thing you can do is help educate, dispel myths and inform others about living donation. Living donation results in:

- Reduced wait time for transplant
- Lower risk of declining health
- Higher transplant success rates
(vs. deceased donor kidney transplant)

Our team at the UC Davis Transplant Center utilizes the latest in minimally invasive surgical techniques to remove donor kidneys laparoscopically.

Even donors who do not match with the recipient can still donate through a process called paired exchange. In a paired exchange, another donor-recipient pair is found who then exchange donors, allowing both recipients to receive a live donor transplant.

Donation is a personal decision. As a living donor navigator, you can help connect interested donors with the UC Davis Transplant Center's living donation team - we'll take it from there!

Spread the word

As a navigator, we encourage you to reach out to your recipient's contacts and networks. Share their story and encourage those interested in living donation to learn more. Here are some ways to get started:

Send a personalized email

Email is a great forum to initiate the donation conversation with others. Here, you can tell your recipient's story and explain the benefits of living donation, as well as your role as navigator.

Host an event

Set up a gathering at your home, a church or community center and invite the recipient's friends, family, co-workers and others to learn more about kidney disease, treatments and transplant options. Reach out to attendees via Facebook, email or print and distribute invitations or fliers.

Create a Facebook and/or Nextdoor Neighbors group

An online presence makes it easy for you to share updates with your list of contacts, provide information and answer any questions they may have. A Facebook and/or Nextdoor Neighbors group allow you to reach a wide network of people and gives them a way to share the information as well.

Utilize additional social media

Your Facebook group is a good place to get started in social media, but you can build on your social media efforts by using different platforms, such as:

Twitter - tweet using kidney, living donor or other relevant hashtags

YouTube - post video updates or a personal message from the recipient

Instagram - share images of your efforts, the recipient, friends and more

